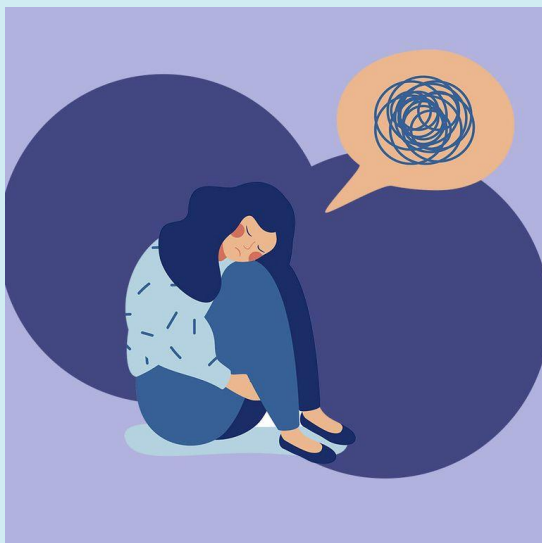




Jewish Family Service
of Buffalo & Erie County

JFS is Now Scheduling TeleMental Health Appointments!



JFS has been helping people cope for 158 years.

We are committed to doing everything we can to assist our clients during this stressful time. Our highly trained, licensed clinicians will continue to support our community using TeleMental Health services.

Working with a therapist during this stressful time will allow you to **process** your concerns, **prioritize** your well-being, and **help** you be there for those that need you.

Currently Accepting New Patients

As long as you have a computer or phone, TeleMental Health is an option for you.

As many of us adjust to new routines in light of the COVID-19 pandemic, closed restaurants and gyms, children home from school, and working remotely, we are fortunate that technology can help us to continue to care for our mental health and well-being. **Please take care of yourself and stay connected.**

Wondering if your insurance covers TeleMental Health?

Most all of our covered insurance carriers will be covering TeleMental Health. Due to the State and National emergency, we will do all we can to make this a seamless transition for you. **We accept most insurances, including private insurance and Medicaid.**

Please call JFS at 716.883.1914 to schedule your appointment.
Email intake@jfsbuffalo.org with any questions.

